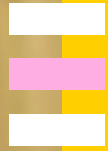


IAMHEATHERTHOMPSON.COM



# HEATHER M. THOMPSON

 2019 Press Kit

CLARITY LIFE COACH • AUTHOR • SPEAKER • BLOGGER

# HEATHER M. THOMPSON



## IN SHORT, WHO IS HEATHER?

Heather has a sharp focus on transforming worn-out women into whole women through clarity-based coaching. Her clients come from diverse professional backgrounds, but they have the same intrinsic needs whether as wives, mothers, or singles: to identify past/present roadblocks and understand how to effectively move forward. Whether through one-on-one coaching sessions, her self-help workbooks, or speaking engagements/interviews, Heather has dedicated her coaching practice to helping others identify what's holding them back, properly classify their experiences, and authentically realign their lives for success.

10+

APPEARANCES

on podcasts, speakers panels,  
and solo speaking  
opportunities at events\*

4

SELF-HELP E-BOOKS

independently released  
since 2016.

900+

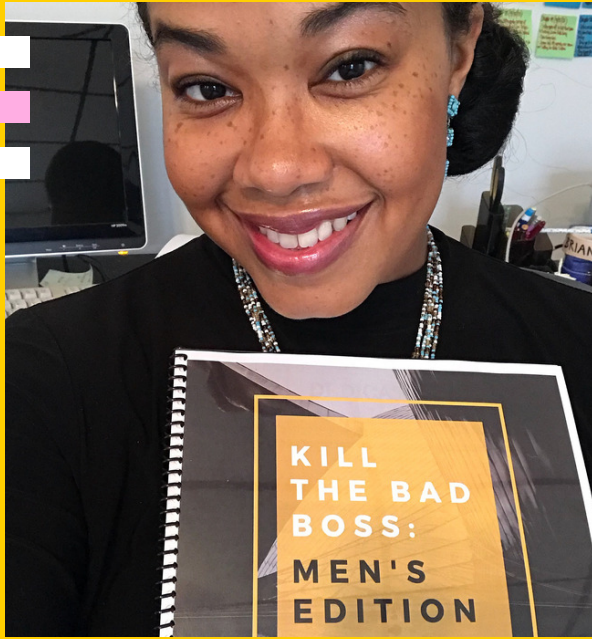
FOLLOWERS

on Instagram as of 1/2019 for her  
@iamheatherthompson account

*Topics that Heather  
Covers Frequently for  
Speaking Engagements*

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- The True Boss: Redefining Your Influence As a Successful Woman
- The Dangerous Side of "No New Friends"
- The Power of Opening & Closing The Right Doors in Life
- Hidden Blessings: The Overlooked Gifts of Motherhood
- The Intersection: Where Spirit & Strategy Collide for 360 Degrees of Success
- Three Ways the Wrong Bonds & Relationships Can Cost You Thousands



## Contact & Booking

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 [@headcoachht](https://twitter.com/headcoachht)  
 [freedomkey.wordpress.com](https://freedomkey.wordpress.com)

Please feel welcome to follow Heather's social media channels for examples of her work, audience, and speaking style.

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**Thank You for your interest in working with  
Heather Thompson for your next event!**